

breakfast at milk & honey

head chef hayden esau

7am - 11.30am

drinks and sweets all day

please inform staff of any allergies

(yes, we have gf toast!)

CEREALS & FRUIT

cornflakes / cocoa pops / weet bix with milk **8.5**

house made toasted muesli, poached fruit, yoghurt
10.5

m&h vegan bircher, spiced poached pear, toasted
almonds & cranberries **14.5**

poached fruit, sliced banana, yoghurt, toasted seeds
10

TOASTS & TOPPINGS

two pieces of sourdough or fancy brown bread with
(choose one) jam / marmalade / nutella / pic's peanut
butter / marmite / arataki honey **7.5**
extra spread +0.5 extra toast +2.5

croissant with jam **6.5**

m&h banana bread with yumyum butter **5**

EGGS & STUFF

two eggs poached / scrambled / fried with
sourdough or fancy brown toast **10**

vege breakfast - two eggs poached / scrambled /
fried with sourdough or fancy brown toast with
grilled halloumi, roasted mushroom tomato &
kasundi **20**
add two hash browns +5

cooked breakfast - two eggs poached / scrambled /
fried with sourdough or fancy brown toast with
streaky bacon, m&h pork & fennel sausage, roasted
tomato, roasted mushroom **20**
add two hash browns +5

ham, caramelised onion & cheddar omelette with
sourdough or fancy brown toast **18**

baby spinach, minted feta, dukkah & herb omelette with
sourdough or fancy brown toast **18**

SOMETHING A BIT DIFFERENT

french toast, bacon, banana ice cream, maple syrup **19**

smoked salmon kedgerree, spiced rice, kasundi,
coriander, fried egg **18.5**
add another egg +2.5

creamy mushrooms on grilled sourdough
or hash browns (add \$2) **17.5**
add an egg +2.5

rosie's pancakes, caramelised banana & warm berry
compote **17.5**

hayden's steamed bun bacon butty **7.5**
you choose - gochujang bacon OR crispy bacon

SIDES

yoghurt **4**

poached fruit **5**

half avocado **4** *(subject to availability)*

roasted tomato **3.5**

roasted mushroom **4.5**

grilled halloumi **6.5**

chorizo **5.5**

m&h pork & fennel sausage **4.5** *(a m&h specialty!)*

streaky bacon **5.5**

house made hot smoked salmon **7**

sliced champagne ham **5.5**

hash browns **5**

single hash brown **3.5**

gochujang glazed bacon **6** *(a m&h specialty!)*

please note we are unable to swap items on set dishes
you are welcome to build your own breakfast -
start with two eggs on toast and add sides as you like

morning drinks

beverages to energise and revive
don't know what to drink? ask your waiter for a recommendation

HAWTHORNE ESPRESSO

double shots from havelock north

espresso 3
macchiato 3.5
long black 3.5
flat white 4
latte 4.5
cappuccino 4.5
iced coffee (ice, milk, coffee) 4.5
extra shot / soy / cream 0.5

MILK & HONEY SPECIALTIES

house made chocolate milk 5
sweet & spicy house made chai latte 4.5

OTHER HOTTIES

hot chocolate 4.5
from-scratch lemon, honey & ginger 4.7
big fluffy 1.3

HEMGROWN JUICES

orange / grapefruit / tomato
apple / cranberry / pineapple all 5

HEMGROWN SMOOTHIES

feijoa / berry / spirulina 5.5

MORE JUICES

first press merlot juice (non alc) 6
first press gewürztraminer juice (non alc) 6
coaqu coconut water 6.5

PICK-ME-UP

vallformosa cava 10.5
breakfast bourbon 14.5
classic bloody mary 12
panhead blacktop oatmeal stout 8.5

FIZZY & DRY

fever tree tonic water / ginger ale 4
hopt salted lychee / hopt pear & basil / watermelon
& mint 4.5

FIZZY & SWEET

aroa elderflower / feijoa / rhubarb 5
all good blackcurrant / white grapefruit / blood orange
4.5
foxtan fizz raspberry 4.5
l&p 4.5
lemon lime & bitters / lime & soda 4.2
coca cola / coke zero / sprite 3.8

FINE & DANDY ORGANIC FAIRTRADE TEA

all 3.9
english breakfast
earl grey
green
peppermint
lemongrass, ginger & kawakawa

T LEAF TEA

all 3.9
black
darjeeling / sweet lemon / chai / lapsang souchong
green
tokyo lime / jasmine dragon pearls

white
silver needle / white peony

rooibos
red vanilla raspberry / green peach

tisanes
chamomile / rose buds / orchard fruits /
strawberry kiwi

celebrating? just finished your night shift?
ask your waiter for our full drinks list